



**For Parents**  
 Welcome to the March 2019 Parents and Carers section of the Scomis Online Safety Newsletter

**Screen Time continues to be in the news!**

The UK Chief Medical Officers (UK CMOs) **have now** published advice for parents and carers on Children and Young People’s screen and social media use.

The UK CMOs commissioned independent researchers at University College London (2018) to map published research on screen time, social media, and children and young people’s mental health.

Read the **UK CMOs** advice for parents and carers, and their recommendations for other stakeholders [here](#)



**Safer Internet Day 5<sup>th</sup> February 2019**  
 Commission announced next steps to keep children safe online:  
 A new **Expert Group on Safer Internet for Children** will propose concrete actions to keep children safe when online:  
[Safer internet factsheet](#)

**South West Grid for Learning (SWGfL)** announces the launch of their new **ad-free** child friendly search engine **Swiggle.org.uk**



The Swiggle Screen Cover widget provides a button that can be clicked to cover any unsuitable content until an adult is able to check the details.



Go to their website to found out more.

**Are you a 'sharent'?**

Did you post baby photos of your child?  
 Have you taken and posted photos of your child with details of the location?  
 Have you taken and posted photos of your child in their school uniform?  
 Yes, to any of the above?  
 Check Max and Harvey’s social rules for parents on BBC’s Ownit website:  
<https://www.bbc.com/ownit/its-personal/max-and-harvey-social-media-rules>



Internet Matters:  
 sharing tips for parents.  
 Get tips to share child’s milestone moments safely [here](#)

**Worried about Online Challenges?**

Find out what you need to know [here](#)

**Talk to a professional at the NSPCC’s helpline on 0808 800 5002 and Childline (0800 1111)**